

# N.E.R.V. (Newburyport Emergency Response Volunteers)

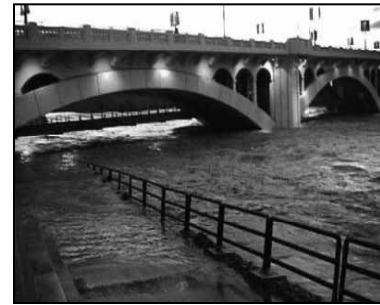
HURRICANES • BIO-TERRORISM • FLOODS



**This group of volunteers** is essential in order to provide an emergency response to numerous hazards which have the potential of affecting city residents. During the time of an emergency it will require hundreds of volunteers to respond and staff Emergency Dispensing Sites(EDS) to assist residents. Without the correct amount of volunteers the city's ability to properly respond to the needs of its residents will be seriously compromised.

**NERV will consist of volunteers** from all walks of life. It doesn't matter what your field of expertise is, you will play an important role in emergency response whenever the need arises. We urge you to visit the Newburyport Health Department and pick up an application.

In addition, Newburyport is part of a Regional Health Coalition (Region 3A) that stretches from Salisbury to Topsfield and includes 14 communities.



**The city** is also a member of the Northern Essex Emergency Regional Planning Association, which includes seven surrounding communities. The city has been planning for emergency response to pandemic flu, bio-terrorism attacks, explosions, and many other man-made and natural hazards which may affect the lives of Newburyport residents.

**Where can I go for more information?**

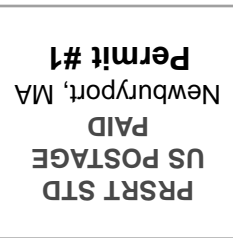
cdcinfo@cdc.gov 1-800-232-4636 / cdc  
www.cityofnewburyport.com • www.fema.gov



Resident  
Newburyport, MA 01950



Newburyport Department of Public Health  
R.O. Box 550, City Hall,  
60 Pleasant Street, lower level  
Newburyport, MA 01950-0650  
Jack Morris, Director (978) 465-4410  
John Moak, Mayor  
www.nbpt.us



# City of Newburyport 2008 - 2009

## Department of Public Health Information Guide

### Hazardous Waste, Recycling, Solid Waste, Safety and Public Health

## Dear Newburyport Resident,

**The Newburyport Department of Public Health** has designed this guide to provide you important information from the city on health and environmental services pertaining to solid waste, recycling and public health.

The mission of the Department of Public Health is to provide enforcement of public health laws, environmental protection laws, and public health rules and regulations. The department investigates communicable disease in the community, and takes proactive actions to ensure optimum public health protection of the citizens of Newburyport so they may enjoy their environment and live free of disease and other adverse environmental factors.

In addition to enforcement, our focus is on education and prevention. Please refer to this guide for specific information, collection dates and fees. I have also enclosed a short survey that we would appreciate your participation in.

I hope you find this guide helpful. You will find additional information on our web site at [www.nbpt.us](http://www.nbpt.us). Also, please feel free to contact the health office for any additional information at 978-465-4410, or for composting & recycling 978-499-0413. For missed recycling collection, call 800-933-3128.

Thank you,  
Jack Morris, Director of Public Health

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## Recycling and Solid Waste Collection

Solid waste is collected Monday through Friday. If there is a holiday, collection will be delayed one day for the remainder of the week. Recyclables are picked up every other week and will also be delayed by one day in the event of a holiday. All residents are required to separate recyclable material from trash

according to Health and Sanitation Ordinance, Chapter 8, Article III, Division 2; It is mandatory to recycle paper, glass, metal and plastic containers.

**Trash with visible recyclable material will be stickered and will not be picked up.**

## SOLID WASTE ORDINANCE

(Chapter 8, Article III, Division I, Generally, § 8-83, Regulations)

(a) No disposable refuse shall be exhibited for collection prior to 5:00 p.m. on the day before the day of collection

(b) Disposable refuse shall be placed in closed containers or durable heavy duty bags, securely tied. All loose material, such as cardboard, packing material, etc., shall be broken down and securely tied.

(c) Commercial refuse containers shall be removed from sidewalks within one (1) hour after collection. Residential containers shall be removed from the street by 6:00 p.m. on the day of collection.

(d) It shall be unlawful for any owner, manager or employee of a commercial establishment or institution or resident of the boundary area described in section 8-81 to deposit solid waste from that commercial establishment, institution or residence in any receptacle maintained by the city for the disposal of litter by pedestrians.

(e) All commercial, institutional and residential customers will place disposable refuse in such a manner as not to interfere with motorist or pedestrian travel.

(f) Enforcement of these provisions shall be by the police department, board of health, and the department of public works or be punishable by a fine of twenty-five dollars (\$25.00).

(g) No dumpsters shall be picked up and/or emptied in residential areas between the hours of 10:00p.m. and 7:00a.m. Penalty for violation of this subsection shall be a written warning for the first offense, followed by a three-hundred-dollar fine(\$300.00) for each subsequent offense issued to the operator of the vehicle. Enforcement of this provision shall be by the police department.

(h) Said disposable refuse shall be the property of the owner, representative of the owner, occupant or operator.

## CURBSIDE RECYCLING

### REMEMBER.....

- **Recycling is mandatory.**
- **Cardboard can be recycled curbside now! Just flatten, tie and fold (less than 3' x 3').**
- **Recycle all your paper! "If it rips, recycle it."**
- Trash is currently limited to 5 bags or 3 barrels per household each week.
- Latex paint can be dried and thrown out in your trash without a lid; use kitty litter for fast drying.
- Bulky items like furniture, mattresses, and carpet (cut in 4-ft. sections) may be thrown out in the trash. Only one item per week, no bulk tag needed, no white goods or metal items allowed.
- Recycling and composting bins may be purchased at the Health Department during the following hours:  
Mon-Wed 8-4, Thur 8-8 and Fri 8-12.
- Set recycling bins and trash out by 7:00 a.m. on the day of collection.
- Compost stickers may be purchased at the Crow Lane compost facility, \$10 / sticker (household).

### BAGGED LEAF COLLECTION

**Collections the weeks of:  
Nov. 3<sup>rd</sup>, 24<sup>th</sup> - Dec 1<sup>st</sup>,  
and May 4, 2009.**

- Place leaves in brown leaf bags or loose in a marked barrel.
- Bagged leaf collection will take place on your regular trash day during these four weeks. Bags must be at the curb by 7:00 a.m. and contain only leaves.



### CHRISTMAS TREE COLLECTION

**Collections on regular trash day during the week of January 5<sup>th</sup>.** Trees must be out by 7:00 a.m. on your trash day.

## WEST NILE VIRUS

West Nile Virus (WNV) can cause illness varying from a mild fever to more serious disease like encephalitis or meningitis. WNV grows in birds and is spread from bird to bird by infected mosquitoes. If mosquitoes infected with the virus bite horses or humans, the animal or person can become sick. There is no specific treatment for WNV infection. People with mild WNV infections usually recover on their own. Doctors can provide supportive therapy for people who have more serious complications, such as encephalitis or meningitis.



### DEAD BIRD REPORTING:

To report a dead bird ( Crow or Blue Jay Only), call the toll free MDPH information line at, 1-866-627-7968. If all lines are busy the caller will be prompted to leave a message. At the time a dead bird is reported, information line staff will determine whether it meets testing criteria. The current routine criteria for testing dead birds for WNV include:

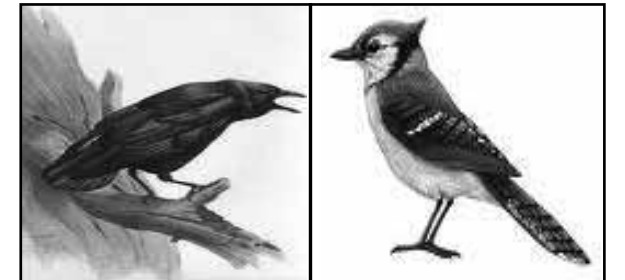
- Specimen is a Crow or Blue Jay.
- Specimen has been dead less than 24 hours.
- Specimen is intact, with no obvious trauma.
- Specimen is free of maggots, flies, and ants.

Where can I go for more information?

[www.cdc.gov/westnile](http://www.cdc.gov/westnile)

[www.epa.gov/pesticides/health/mosquitoes/inspectrp](http://www.epa.gov/pesticides/health/mosquitoes/inspectrp)

[www.mass.gov/dph/wnv](http://www.mass.gov/dph/wnv)



## MOSQUITO CONTROL IN NEWBURYPORT

In the event of elevated mosquito activity that threatens the public health, residents will be notified of sprayings in Newburyport. Other measures to control mosquitoes include surveillance through the use of light/CO2 traps, gravid traps, landing rate counts, larval counts, and species identification. Catch basin treatments and storm water structures also help to control mosquito larva before they emerge as adult mosquitoes.

What you can do to limit mosquitoes in your yard:

- Make sure window and door screens are "bug proof" - no holes.
- Drain standing water. Don't give mosquitoes a place to breed. A small amount of standing water can be enough for a mosquito to lay her eggs.
- Empty water from buckets, trash cans, flower pots.
- Throw away or cover up old tires.
- Clean pet water bowls.
- Check if rain gutters are clogged.

Where can I go for more information?

[www.mass.gov/dph](http://www.mass.gov/dph)

[www.cdc.gov/westnile](http://www.cdc.gov/westnile)

[www.epa.gov/pesticides/health/mosquitoes/inspectrp](http://www.epa.gov/pesticides/health/mosquitoes/inspectrp)

# IMPORTANT PUBLIC HEALTH INFORMATION

## REMOVAL OF SNOW FROM SIDEWALKS ( City Ordinance SECTION 12-52)

- The tenant or occupant, and in case there shall be no tenant or occupant, the owner or any person having the care of any building or lot of land bordering on any street, lane, court, square or public place, within the city, where there is a sidewalk, shall cause all snow that may be on such sidewalk to be removed therefrom within six (6) hours after the snow ceases to fall if it ceases to fall in the daytime and before 12:00 noon if it ceases to fall in the nighttime. The provisions of this section shall apply to snow which falls from buildings as well as to that which falls from the clouds.
- Each such offense shall be punishable by a fine of fifty dollars (\$50.00). Violations of this section may be enforced by any police officer, the health director, or his designees.

## LYME DISEASE

Lyme disease is caused by a bacteria (borrelia burgdorferi) which is transmitted by ticks. It may be cured by early diagnosis and appropriate antibiotic treatment, but it may persist in the human body for years, if not properly treated. Lyme disease was named for Old Lyme, Connecticut, where the first cases of Lyme disease were reported. It is currently the most commonly reported tick-borne disease in Massachusetts, as well as in the United States. Essex County has a very high rate of this disease.

## THINGS TO DO TO AVOID A BITE

- Ticks are picked up on lower extremities; concentrate efforts there.
- Wear light colored clothes and wear long pants.
- Tuck pants into socks to prevent ticks from crawling inside. Tuck shirt into pants.
- Wear a tight fitting shirt if possible. This creates a barrier.
- Tuck hair under a cap. Long hair should be braided.
- Pets can bring ticks into a home where they can survive for a few days. Groom your pets and inspect them daily.
- Consider the use of a collar, bath or spray as recommended by your veterinarian.

## TICK REMOVAL

If you find an embedded tick, remove it carefully. Use a pair of bent, needle nose tweezers. Take your time. Do not use your bare hands to remove the tick. Do not squeeze the tick's abdomen or you may inject more bacteria into the site. Clean the area with alcohol, or apply an antibiotic cream and wash your hands. Put it as close to the skin where the mouthparts are attached and pull straight back carefully. Save the tick in a clear container such as a film container or empty pill bottle. Put a blade of grass and a moist towelette in the container to keep the tick from drying out. **Call your doctor.**

Where can I go for more information?

- www.epa.gov/pesticides/health/mosquitoes/inspectrp
- www.lymehelp.org
- www.lymediseaseassociation.org
- www.mass.gov/DPH/Topics?lyme
- www.nbpt.us



## Newburyport's "A" WEEK STREETS

If your street is not listed, then follow the "B" WEEK schedule shaded on the calendar below. Questions? Call (978) 499-0413

<b>Monday Route</b>	<b>Tuesday Route</b>	Spring St. State St. (between Temple and High) Temple St. Tremont St. Water St. (between Lime and Center)	Lafayette Ct. McKay's Wharf Manson Ave. Mechanic Ct. Merrill St. Merrimac St. (between Broad and Winter) Monroe St. Oakland St. (both sides) Ocean St. Olive St. Papanti Ct. Plum St. Pop Crowley Way Russia St. Strong St. Tyng St. Warren St. Washington St. Whites Ct. Winter St.	Ashland Ct. Beacon St. Butler St. California St. Carleton Dr. Chapel St. Christopher St. Coffin St. Collins St. Coolidge St. Currier's Landing Dawes St. Dexter St. Forrester St. High St. (even numbers) Howard St. Jackson St. Jefferson Ct. Jefferson St. Lancey Ct. Magnolia St. Maple St. Merrimac Ct. Merrimac St. (between Plummer and Oakland) Parker Ridge Way (East and West) Payson St. Plummer Ave. River St. Savory St. Stanley Ave. Upland Rd. Walnut St. Willow Ave. Woodland St.	<b>Friday Route</b>
Plum Island Beacon Ave. Goodwins Ave. Guild St. High St. (between Marlboro and City Line) Lancaster Rd. Lincoln St. Lorum St. Marlboro St. (both sides) Oak St. Ocean Ave. Pine St. Plum Island Turnpike Reilly Ave. Riverview Dr. Shandel Dr. South Pond St. Union St. Water St. (between Ocean Ave. and Marlboro) Woodwells Ave.	Atwood St. Beck St. Center St. Charter St. Elbow Lane Essex St. Fair St. Federal St. Foster Ct. Fruit St. Garden St. High St. (between State and Lime) Horton St. Independent St. Lime St. (corner of Milk to High) Liberty St. Middle St. Milk St. Orange St. Otis Pl. Prospect St. School St. Ship St. Smith St.	<b>Wednesday Route</b>			Anderson Ln. Bartlett Dr. Bayberry Rd. Bradbury Ln. Bourbeau Terr. Berry Dr. Chatigney Ln. Circle Rd. Crow Ln. Cross Rd. Dennett Dr. Elizabeth Ln. Everett Dr. Francis Dr. Finnegan Way Goldsmith Dr. Hale St. (West of 95) Hawthorne Rd. Henderson Circle Hyview Dr. Knights Ln. Lt. Leary Dr. LaValley Ln. Longfellow Dr. Marquand Ln. Melvin Ct. Newhall Ln. Peters Rd. Plummer Spring Ln. Storey Ave. (south side only) Storeybrooke Rd. Turkey Hill Rd. Short St. Virginia Ln. Wandover Way Winward Dr.
		Atkinson Ct. Atkinson St. Boardman St. Broad St. (both sides) Buck St. Caldwells Ct. Carter St. Congress St. Currier's Ct. Cutters Ct. Dove St. Eagle St. Elm St. Griffin Ct. High St. (even numbers) Kent St.	<b>Thursday Route</b>		
			Adam St. Ashland St.		

## 2008 - 2009 Collection Calendar Recycling Schedule

Recycling bins are collected every other week on your regular trash collection day.

**A Weeks are clear - B Weeks are shaded.**

Whenever a scheduled collection day falls on a circled holiday below, that day's collection and all remaining collections for the week will be delayed one day; Friday's collection will be on Saturday. Downtown pickup is **always** on Friday.

July 2008	August 2008	September 2008	October 2008	November 2008	December 2008
Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
January 2009	February 2009	March 2009	April 2009	May 2009	June 2009
Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

Bagged leaf collection Nov. 3, 24 & Dec 1, May 4 • Christmas Tree pick up week of Jan 5 • Electronics 9-20-08, 1-24-09, 6-20-09 • HHW 9-20-09 • Paper Shredding 5-2-09

○ = Holiday □ = Special collection days • Missed Collection call 800-933-3128

# CROW LANE RECYCLING CENTER

## DROP OFF RECYCLING

### ELECTRONICS RECYCLING

#### Disposal of:

Computers, Monitors, Televisions, Air Conditioners, Dehumidifiers, Electronics, Refrigerators  
September 20, 2008 at DPW, January 24, 2009 and June 20, 2009 at the Recycling Center.  
Hours: 7:30-11:30 a.m.



- A small fee for items may apply.

### DROP-OFF RECYCLING

First Saturday of each month - 8:00 a.m. - 12:00 noon.

- Oil ● Oil paint (\$3 per gallon) ● Tires \$2 each
- Batteries (car, nicad, button, lithium, rechargeable)
- Printer cartridges (toner, inkjet) ● Cell phones
- Textiles (clothing, shoes, etc.) ● Yellow Planet Aid Box

### YARD WASTE

Open from the 2<sup>nd</sup> Tuesday in April through the 1<sup>st</sup> Saturday in December (weather permitting), at the Municipal Compost Facility on Crow Lane.

Tues. - Sat. 7:30 a.m. - 2:30 p.m.

- Residents may bring leaves, grass, yard trimmings, brush, and tree limbs up to 18" in diameter.
- Proof of residency and \$10 seasonal sticker required for use. Sticker may be purchased at the facility.  
**NO wood, plastic bags, or plastic containers allowed.**

### HOUSEHOLD HAZARDOUS WASTE DAY

Saturday, Sept. 20, 2008 7:30 - 11:30 a.m., DPW, 16A Perry Way

Safely dispose of your chemicals, solvents, oil paint, insecticides, TVs, computer monitors, propane tanks, etc.

- Proof of residency required. For more information call 978-499-0413.

### HARD TO DISPOSE OF ITEMS

- Appliances - Bring to Nichol's Scrap Metal in Amesbury. 978-388-9639
- Air conditioners, refrigerators, and dehumidifiers have Freon. For pick-up-call refrigeration company like Foucault Appliance for removal 978-372-6117 or bring to next computer/electronics day.
- Asphalt, brick, concrete, or clean fill - Miles River, 978-356-2290
- Books - Donate to Newburyport Public Library for book sales, call 978-465-4428 for details. Go to Books.com to arrange a pick-up.
- Cardboard - Large amounts only. Bring to Crow Lane Recycling Center 1st Saturday of every month, 8-noon. Call 978-499-0413

- Carpets and rugs - Put out on trash day. One room of carpet per week. Cut into 4-foot sections. Considered one large item.
- Cell phones and ink jet cartridges - Bring to Health Department in City Hall or to Crow Lane Recycling Center 1st Saturday of every month, 8-noon.
- Confidential Material - Save for next shredding day at the Crow Lane Recycling Center, Saturday, May 2, 2009.
- Construction material - Call Mello Disposal, 978-352-8581.
- Fluorescent light bulbs - Bring to Crow Lane Recycling Center 1st Saturday of every month, 8-noon, \$.07/foot
- Furniture (non-metal) - Put out on trash day. One item per week. Considered one large item.
- Gas grills - Remove propane tank and briquettes or rocks and bring to Crow Lane Recycling Center or Nichol's Scrap Metal in Amesbury. 978-388-9639
- Gasoline - Bring to HHW Day, September 20, 2008.
- Gutters - Aluminum gutters may be brought to Crow Lane Recycling Center or Nichol's Scrap Metal. Wood gutters may be brought to disposal company, like Mello Disposal, 978-352-8581.
- Helium Tanks - \$5 each, Crow Lane Recycling Center 1st Saturday monthly, 8-noon.
- Latex paints - Remove lids, dry out paint, and throw in trash.
- Lumber - Mello Disposal, 978-352-8581.
- Mattress/boxspring - Put out on trash day. One item per week. Considered one large item.
- Mercury thermometers - Bring to Newburyport Health Department in City Hall. Trade it in for a digital one.
- Metal Goods - Appliances, bikes, water heaters, etc. Crow Lane Recycling Center or Nichol's Scrap Metal, 978-388-9639.
- Microwaves - Electronics Recycling days in January and June, 2009.
- Oil paint - Bring to Crow Lane Recycling Center 1st Saturday monthly. \$3.00/gal., 8-noon.
- Propane tanks - Crow Lane Recycling Center, \$1 fee for 20 pound tank. or bring to Tank Recyclers in Middletown, 1-888-445-0579
- Recyclables - Large quantities of recyclable containers and newspapers may be brought to Mello Disposal in Georgetown, 978-352-8581.
- Solvents, chemicals, pesticides, etc - Bring to next Household Hazardous Waste Day, September 20, 2008, 7:30-11:30, DPW. For other town HHW events - call 978-499-0413
- Styrofoam peanuts - Bring to Mailbox Etc or Pak Mail. Must be clean and bagged.
- Textiles - Old clothing, shoes, blankets, stuffed animal etc. leave in white recycling bins at Nock Middle School.
- Tires - Bring to Crow Lane Recycling Center 1st Saturday monthly, 8-noon. \$2 fee per tire
- Used motor oil - Bring to Crow Lane Recycling Center 1st Saturday monthly.
- Windows - Disposal company like Mello Disposal, 978-352-8581.

### Directions to Crow Lane:

Travel west on Low Street and proceed past Nock Middle School, which will be on your right. Crow Lane is one mile on the left after the school. There is a white fence on the Crow Lane corner.

### Directions to Nichol's Scrap Metal, 978-388-9639:

Rt. 110 to Elm Street, Elm Street is the right at the intersection where Friendly's and Burger King are. Travel along Elm Street and go down the hill into the downtown area. Railroad Avenue is a left immediately before the gas station that is on your right.

### Directions to Mello Disposal, 978-352-8581

Rt. 95 South to Rt. 133 Georgetown exit. Go right off exit into Georgetown. Drive approximately 1 mile to a left that is labeled Georgetown DPW and Mello Transfer Site.